

# Living A Fantasy

**CHOREO.:** Casey & Sharon Parker  
**ADDRESS:** 11168 Loduca Dr, Manteca, CA. 95336  
**MUSIC:** "Living A Fantasy" by Neil Sedaka  
**ALBUM:** The Music Of My Life  
**DOWNLOAD:** Available at several Internet download sites  
**FOOTWORK:** Opposite, dir to man, unless noted in parentheses and italics  
**REL. DATE:** Nov 2025  
**SEQUENCE:** INTRO-A-B-A (9-16)-C-B-A-C-C-END

**PHONE:** 209-456-1682  
**EMAIL:** [trustme@pacbell.net](mailto:trustme@pacbell.net)  
**RHYTHM:** West Coast Swing  
**RAL PHASE:** V  
**DIFFICULTY:** Average  
**TIME@100%:** 3:5  
**SUG. SPEED:** 45 RPM [100%]

**MUSIC LINK:** [www.youtube.com/watch?v=ndU-tMbkwM4&list=RDndU-tMbkwM4&start\\_radio=1](https://www.youtube.com/watch?v=ndU-tMbkwM4&list=RDndU-tMbkwM4&start_radio=1)

## MEAS.

### INTRODUCTION

**1-4 LOP-FCG M fcg LOD Wait 2 Meas ; ; Slow Swivel In ; Slow Swivel Out ;**  
1-2 [1-2] {Wait 2 meas} LOP-FCG LOD with lead foot free wait 2 meas ; ;  
3 [3] {Slow Swivel In} Lowering lead hnds fwd L twd ptr swiveling RF (*LF*) to BK-BK position slowly raising trail arms up and over own head, -, pt R ft twd RLOD (*LOD*), - ;  
4 [4] {Slow Swivel Out} Lower trail hnds stepping fwd R away from ptr swiveling LF (*RF*) to fc ptr, -, pt L ft twd ptr, - LOP-FCG LOD ;

**5-8 Push Break ;~ Sugar Toe Heel Crosses & Pt Sd ; ;**  
5-6~ [5] {Push Break} Bk L, small bk R bringing ptr to low BFLY, bk L/cl R, fwd L (*fwd R, fwd L to low BFLY, fwd R/cl L, bk R*) ; [6~] Small bk R/rec L, bk R [Anchor], (*small bk L/rec R, bk L [Anchor]*)  
~6-8 [~6] {Sugar Toe Heel Crosses & Pt Sd} Bk L, bk R to BFLY (*fwd R, fwd L to BFLY*) ;  
[7] Swivel RF (*LF*) on R and tch L toe to R instep, swivel LF (*RF*) on R and tch L heel diag fwd, swivel RF (*LF*) on R and XLifR, swivel LF (*RF*) on L and tch R toe to L instep ;  
[8] Swivel RF (*LF*) on L and tch R heel diag fwd, swivel LF (*RF*) on L and XRifL, trng to fc ptr pt L twd COH, - ;

### PART A

[Last time through part A – A begins M fcg RLOD]

**1-5 Sugar Push ;~ Underarm Turn ; ; Whip Turn ;**  
1-2~ [1] {Sugar Push} LOP-FCG LOD bk L, bk R, tap L slightly fwd of R ft, fwd L (*fwd R, fwd L, tap R slightly bk of L ft, bk R*) ; [2~] Small bk R/rec L, bk R [Anchor] (*small bk L/rec R, bk L [Anchor]*) to LOP-FCG,  
~2-3 [~2] {Underarm Turn} Bk L, raising jnd lead hnds and leading W to pass M's R sd XRifL to W's R sd comm RF trn (*fwd R, fwd L comm LF trn,*) LOP-FCG RLOD ; [3] Sd L/cl R, sd & fwd L comp 1/2 RF trn, small bk R/rec L, bk R [Anchor] (*sd R cont trn/XLifR cont trn, bk R comp 1/2 LF trn to fc ptr [French Cross], small bk L/rec R, bk L [Anchor]*) to LOP-FCG RLOD ;  
4 [4] {Whip Turn} Bk L, slight XRifL moving fwd the W's R sd to loose CP, swivel 1/4 RF on R ft sd L [partial weight]/rec R trng 1/4 RF, fwd L to CP (*fwd R, fwd L trn 1/4 RF, bk R/cl L, fwd R between M's feet to CP*) ;  
5 [5] XRibL comm RF trn, sd & fwd L comp 1/2 RF trn to fc ptr in LOP-FCG, small bk R/rec L, bk R [Anchor] (*swivel sharply 1/2 RF on supporting ft keeping L leg close to R and under the body bk L, bk R, small bk L/rec R, bk L [Anchor]*) LOP-FCG RLOD ;

**6-8 Side Whip ; ; Qk Sd Brks ;**  
6-7 [6] {Side Whip} Bk L, fwd R trng 1/4 RF to an L-Shape position placing R hnd on W's bk, pt L to sd [no weight], - (*fwd R, fwd L trng RF 1/4, bk R/cl L, fwd R*) ; [7] Hold rotating body slightly LF to lead W to step fwd, rec L onto pointed ft trng 1/4 LF, small bk R/rec L, bk R [Anchor] (*fwd L, fwd R trng 1/4 LF to fc ptr, small bk L/rec R, bk L [Anchor]*) LOP-FCG RLOD ;  
8 [8] {Qk Sd Brks} [begins during the latter portion of the last beat of the previous movement] /sd L ; Sd R/stp L under body, cl R/sd L, sd R/step L under body, cl R ;

## **Living In A Fantasy**

### **PHASE V West Coast Swing [Average]** BY Casey & Sharon Parker

#### **[PART A cont]**

##### **9-13 Sugar Push ;~ Underarm Turn ; ; Whip Turn ; ;**

9-10~ [9] {Sugar Push} LOP-FCG RLOD Bk L, bk R, tap L slightly fwd of R ft, fwd L (*fwd R, fwd L, tap R slightly bk of L ft, bk R*) ; [10~] Small bk R/rec L, bk R [Anchor] (*small bk L/rec R, bk L [Anchor]*) to LOP-FCG RLOD,  
~10-11 [~10] {Underarm Turn} Bk L, raising jnd lead hnds and leading W to pass M's R sd XRifL to W's R sd comm RF trn (*fwd R, fwd L comm LF trn*) ; [11] Sd L/cl R, sd & fwd L comp 1/2 RF trn, small bk R/rec L, bk R [Anchor] (*sd R cont LF trn/XRifL cont trn, bk R comp 1/2 LF trn to fc ptr [French Cross], small bk L/rec R, bk L [anchor]*) to LOP-FCG LOD ;  
12-13 [12] {Whip Turn} Bk L, slight XRifL moving twd the W's R sd to loose CP, swivel 1/4 RF on R ft sd L [partial weight]/rec R trng 1/4 RF, fwd L to CP (*fwd R, fwd L trn 1/4 RF, bk R/cl L, fwd R between M's feet to CP*) ;  
[13] XRibL comm RF trn, sd & fwd L comp 1/2 RF trn to fc ptr in LOP-FCG, small bk R/rec L, bk R [Anchor] (*swivel sharply 1/2 RF on supporting ft keeping L leg close to R and under the body bk L, bk R, small bk L/rec R, bk L [Anchor]*) LOP-FCG LOD ;

##### **14-16 Side Whip ; ; Qk Sd Brks ;**

14-15 [14] {Side Whip} Bk L, fwd R trng 1/4 RF to an L-Shape position placing R hnd on W's bk, pt L to sd [no weight], - (*fwd R, fwd L trng RF 1/4, bk R/cl L, fwd R*) ; [15] Hold rotating body slightly LF to lead W to step fwd, rec L onto pointed ft trng 1/4 LF, small bk R/rec L, bk R [Anchor] (*fwd L, fwd R trng 1/4 LF to fc ptr, small bk L/rec R, bk L [Anchor]*) LOP-FCG LOD ;  
16 [16] {Qk Sd Brks} [begins during the latter portion of the last beat of the previous movement] /sd L ; Sd R/stp L under body, cl R/sd L, sd R/stp L under body, cl R ;

#### **PART B**

##### **1- 5~ Underarm Trn into a Triple Travel w/ Roll ; ; ;~ ,**

1 [1 {Underarm Turn into} LOP-FCG LOD bk L, raising jnd lead hnds and leading W to pass M's R sd XRifL to W's R sd comm RF trn, sd L/cl R, sd & fwd L comp 1/4 RF trn, (*fwd R, fwd L comm LF trn, sd R cont LF trn/XRifL cont trn, sd & bk R cont LF trn*) to R-HND STAR ;  
2-5 [2] {Triple Travel w/ Roll} Sd R/cl L, sd & fwd R com RF trn 1/4, fwd L cont RF trn 3/4, fwd R cont RF trn 1/2 comp 1 1/2 trng to L-HND STAR (*sd L/cl R, sd & bk L comm RF trn 1/4, cont trn fwd R trng 3/4, fwd L cont RF trn 1/2 competing 1 1/2 trn to L-HND STAR*) ;  
[3] Sd L/cl R, sd L trn 1/2 LF to R-HND STAR, sd R/cl L, sd & fwd R comm LF trn 1/4 (*sd R/cl L, sd R trng 1/2 LF to R-HND STAR, sd L/cl R, sd L trng 1/2 RF to L-HND STAR*) ;  
[4] Sd L/cl R, sd & fwd L comm LF trn 1/4, fwd R cont LF trn 1/2, fwd L cont LF trn 1/2 [making a 1 1/4 trn] to fc ptr jnd lead hnds (*sd R/cl L, sd & bk R comm LF trn 1/4, fwd L cont LF trn 1/2, fwd R cont LF Trn 1/2 [making 1 1/4 trn] to fc ptr joining lead hnds*) ;  
[5~] Small bk R/rec L, bk R [Anchor] (*small bk L/rec R, bk L [Anchor]*),

##### **~5-9\* Wrapped Whip ; ;~ Sugar Push w/Face Loop & Pt Sd ; ;~ [\*Meas 9 is a half measure\*]**

~5-7~ [~5] {Wrapped Whip} FCG RLOD bk L to dbl hndhdl, raising jnd lead hnds and leading W fwd XRifL trn 1/4 RF (*fwd R, fwd L*) ;  
[6] Sd L cont RF trn lowering jnd lead hnds/cl R, sd & fwd L to end in WRAP position on W's L sd, XRibL comm RF trn releasing M's R & W's L hnds, sd & fwd L comp 1/2 RF trn to fc ptr in LOP-FCG (*fwd R passing under jnd lead hnds/cl R, bk R to end in WRAP position, bk L, bk R*) ;  
[7~] Small bk R/rec L, bk R [Anchor], (*small bk L/rec R, bk L [Anchor]*) LOP-FCG RLOD  
~7-8 [~7] {Sugar Push w/ Face Loop} Bk L, bk & sd R with slight RF body trn place jnd hnds over M's head to neck & place M's free hand to W's R hip (*fwd R, fwd L with slight RF trn placing jnd hnds over M's head to neck*) ;  
[8] Tap L slightly fwd of R ft, fwd L, small bk R/rec L, bk R [Anchor] (*tap R slightly bk of L ft, bk R, small bk L/rec R, bk L [Anchor]*) ;  
9\* [9\*] {Pt Sd} Pt L twd WALL, - ;

## Living In A Fantasy

### **PHASE V West Coast Swing [Average] BY Casey & Sharon Parker**

#### **PART C**

[1<sup>st</sup> time – Part C begins M fcg LOD, 2<sup>nd</sup> & 3<sup>rd</sup> time - Part C begins M fcg RLOD]

##### **1-4 Tummy Whip HNDSHK ; ; Straight Whip ; ;**

- 1 [1] {**Tummy Whip**} LOP-FCG LOD bk L releasing lead hnds, slight XRifL moving twd the W's R sd placing R hnd on W's R hip, swivel 1/4 RF on R ft sd L [partial weight]/rec R trn 1/4 RF, fwd L to W's L sd (*fwd R, fwd L, fwd R/cl L, bk R*) ; [2] Releasing W's hip XRibL comm RF trn, small bk R/rec L, bk R [Anchor] (*bk L, bk R, small bk L/rec R, bk L [Anchor]*) to HNDSHK ;
- 3 [3] {**Straight Whip**} Bk L join L hnds over R, XRifL trng RF raising jnd L hnds leaving R hnds joined low, small sd & fwd L/rec R trng RF, sd L to fc RLOD in VARSOU (*fwd R, fwd L, fwd R under jnd L hnds/cl L, bk R*) ;
- 4 [4] XRibL trng RF raising R hnds leaving jnd L hnds low, fwd L cont RF trn to fc ptr, small bk R/rec L, bk R [Anchor] (*bk L, bk R, small bk L/rec R, bk L [Anchor]*) LOP-FCG LOD ;

##### **5-8 Push Break ;~ Sugar Toe Heel Crosses & Pt Sd ; ;**

- 5-6~ [5] {**Push Break**} Bk L, small bk R bringing ptr to low BFLY, bk L/cl R, fwd L (*fwd R, fwd L to low BFLY, fwd R close to ptr/cl L, bk R*) ; [6~] Small bk R/rec L, bk R [Anchor], (*small bk L/rec R, bk L [Anchor]*) ;
- ~6-8 [~6] {**Sugar Toe Heel Crosses & Pt Sd**} Bk L, bk R to BFLY (*fwd R, fwd L to BFLY*) ;
- [7] Swivel RF (*LF*) on R and tch L toe to R instep, swivel LF (*RF*) on R and tch L heel diag fwd, swivel RF (*LF*) on R and XLifR, swivel LF (*RF*) on L and tch R toe to L instep ;
- [8] Swivel RF (*LF*) on L and tch R heel diag fwd, swivel LF (*RF*) on L and XRifL, trng to fc ptr pt L twd COH, - ;

#### **ENDING**

##### **1 Slow Swivel In ;**

- 1 [1] {**Slow Swivel In**} LOP-FCG LOD lowering lead hnds fwd L twd ptr swiveling RF (*LF*) to BK-BK position slowly raising trail arms up and over own head, -, pt R ft twd LOD (*RLOD*) to BK-BK, - ;

## **Living In A Fantasy**

**PHASE V West Coast Swing [Average]**  
**BY Casey & Sharon Parker**

### **QUICK CUES**

<b>INTRO</b>	<b>LOP-FCG M fcg LOD Wait 2 Meas ; ; Slow Swivel In ; Slow Swivel Out ; Push Break ;~ Sugar Toe Heel Crosses &amp; Pt Sd ;;;</b>
<b>PART A</b> [fcg LOD]	<b>Sugar Push ;~ Underarm Turn ; ; Whip Turn ; ;</b>
[fcg RLOD]	<b>Side Whip ; ; Qk Sd Brks ;</b> <b>Sugar Push ;~ Underarm Turn ; ; Whip Turn ; ;</b> <b>Side Whip ; ; Qk Sd Brks ;</b>
<b>PART B</b> [fcg LOD] [fcg RLOD]	<b>Underarm Trn into a Triple Travel w/ Roll ; ; ;~ ,</b> <b>Wrapped Whip ; ;~ Sugar Push w/Face Loop &amp; Pt Sd ;~</b>
<b>PART A (9-16)</b> [fcg RLOD]	<b>Sugar Push ;~ Underarm Turn ; ; Whip Turn ; ;</b> <b>Side Whip ; ; Qk Sd Brks ;</b>
<b>PART C</b> [fcg LOD]	<b>Tummy Whip to HNDSHK ; ; Straight Whip ; ;</b> <b>Push Break ;~ Sugar Toe Heel Crosses &amp; Pt Sd ; ; ;</b>
<b>PART B</b> [fcg LOD] [fcg RLOD]	<b>Underarm Trn into a Triple Travel w/ Roll ; ; ;~ ,</b> <b>Wrapped Whip ; ;~ Sugar Push w/Face Loop &amp; Pt Sd ;~</b>
<b>PART A</b> [fcg RLOD]	<b>Sugar Push ;~ Underarm Turn ; ; Whip Turn ; ;</b>
[fcg LOD]	<b>Side Whip ; ; Qk Sd Brks ;</b> <b>Sugar Push ;~ Underarm Turn ; ; Whip Turn ; ;</b> <b>Side Whip ; ; Qk Sd Brks ;</b>
<b>PART C</b> [fcg RLOD]	<b>Tummy Whip to HNDSHK ; ; Straight Whip ; ;</b> <b>Push Break ;~ Sugar Toe Heel Crosses &amp; Pt Sd ; ; ;</b>
<b>PART C</b> [fcg RLOD]	<b>Tummy Whip to HNDSHK ; ; Straight Whip ; ;</b> <b>Push Break ;~ Sugar Toe Heel Crosses &amp; Pt Sd ; ; ;</b>
<b>END</b>	<b>Slow Swivel In ;</b>