

MY CONFESSION

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Music: "My Confession", CD: "Closer", Josh Groban, Reprise #48450-2, Track #2
(Music has been slowed and edited. Contact choreographers)

Rhythm/Phase: Bolero, Phase VI

Timing: SQQ, except where noted. Timing reflects actual wgt chgs (W in parentheses)

Sequence: **INTRO A B A B INT B(MOD) ENDING** Released: August, 2005



INTRO

1 - 4 **WT; WT; BK BREAK WITH ARM EXPLOSION; SHDW WALK 3:**

- 1-2. Wt in SHDW DLW abt 2' apt w/ no contact and R ft free for bth w/ arms dwn to sds;;
3. [Note: Identical footwork through meas 4] Sd & bk R while crossing bth arms in frnt of bdy and then upward ovr hds ovr first two bts,-,break bk L cont arm circ bringing arms dwn to sds, fwd R completing arm circ to cross arms in frnt of chest;
4. Wlk fwd LOD L blending to SHDW DLW w/ L hnds jnd,-,fwd R,L;

5 - 8 **SLOW FWD (W 5-STEP SPIN TO FC), M TRANS; OP BREAK; CARESS AND BREAK; RT PASS:**

S--&
(SQ&Q&
)

5. Fwd R leading W fwd twd LOD w/ jnd L hnds then rel hnds for W's spn,-,-,fwd L (W fwd R,-,fwd LOD L trng LF/cl R cont LF trn, fwd L cont LF trn/bk R to fc ptr & RLOD) to LOP FCG Pos LOD;
6. Sd & fwd R,-,rk apt L, fwd R;
7. On & ct from previous meas cl L to R/stp in place R leaving jnd ld hnds low and bringing M's R hnd to W's L hip,-,rk apt L, fwd R (W fwd R to M on & ct of previous meas/cl L to R bringing L hnd up to R sd of M's fc to caress,-,rk apt R, fwd L);
8. Fwd & sd L begin RF trn raise ld hnds to create window,-,XRib of L cont RF trn, fwd L (W fwd R,-, fwd L begin LF trn, bk R cont LF trn undr raised ld hnds) to LOP FCG Pos WALL;

&SQQ

PART A

1 - 4 **LUNGE BREAK; TRNG BASIC INTO; DBL CONTRA CK::**

S--
(SQQ)

1. Sd & fwd R,-,flexing R knee xtnd L sd & bk, rise on R straightening knee (W sd & bk L,-,bk R undr bdy flexing knee, fwd L);
2. Blending to CP trn bdy RF to stp sd L,-, bk R trning ¼ LF w/ slp pvt action, sd & fwd L trning ¼ LF to CP COH;
- 3-4. Sd & fwd R,-,lower & Contra Ck fwd L w/ R shldr ld, rec R; Pnt sd L look L (W look R),- ,lower & Contra Ck fwd L w/ R shldr ld, rec R;

5 - 8 **SYNC TELEMAR TO; CORTE WITH HIP RKS; MANUV & SLOW PVT WITH SYNC UNDRM TRN; FWD BREAK:**

SQ&Q

5. Sd L w/ RF upper bdy trn in CP,-,slp R bk trn strongly LF to CP DRC/fwd L in CP cont LF trn, sd R cont trn (Sd R w/ RF upper bdy trn,-,slp L fwd trn strong LF to CP/bk R cont LF trn, cl L to R for heel trn) to CP LOD;
6. Corte bk L,-,rk fwd R, rk bk L;
7. Fwd R trng ½ RF to CP RLOD,-,bk L cont RF trn ½ to fc LOD raising jnd ld hnds for W's Undrm Trn, tch R to L (W bk L trng ½ RF,-,fwd R cont RF trn/fwd & sd L arnd M trng RF undr jnd ld hnds to fc LOD, fwd R cont RF trn ½ to fc M) to LOP FCG Pos LOD;
8. Sd & fwd R,-,ck fwd L, bk R;

SS
(SQ&Q)

9 - 12 **RT PASS; PREPARE AIDA; AIDA LINE,-,QK SWITCH LUNGE & REC; LOD FWD WLKS (W ROLL LF TO WRAP):**

9. Fwd & sd L begin RF trn raise ld hnds to create window,-,XRib of L cont RF trn, fwd L (W fwd R,-, fwd L begin LF trn, bk R cont LF trn undr raised ld hnds) to LOP FCG Pos WALL;
10. Sd & fwd R to LOP RLOD,-, fwd L trn in twd ptr, sd R to fc ptr;

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11. Bk L in "V" pos LOD,-, bring joined trailing hnds thru to RLOD to lun sd R twd RLOD touching ld hnds, sd LOD L;
12. Fwd LOD R to OP,-,fwd L, fwd R (W fwd LOD L to OP,-,keeping M's R & W's L hnds jnd roll LF dwn LOD R,L) to WRP LOD;

**13 - 16 SLOW FWD & SYNC RUN: SWEETHEART CORTE,-,M RECOVER (W UNDRM TRN):
STEP RONDE,-,BEHIND, SD: CROSS SWVL 3:**

- SQQ&
SS
(SQQ)
13. In WRP stp fwd LOD L,-,fwd R, fwd L/fwd R;
 14. Keeping hnds jnd as in a WRP trn slightly RF to fc Wall and lun sd LOD L looking at ptr,-,rec R trng ¼ RF to fc RLOD while raising M's L & W's R hnds for W's Undrm Trn,- (W lun fwd LOD R looking at ptr while keeping bdy fcg LOD,-,rec bk L trng ¼ RF undr M's L & W's R while keeping other hnds also jnd, fwd R RLOD continuing to trn another ½ RF) to BFLY RLOD;
 15. [Note: Identical footwork through meas 16] Keeping BFLY stp slightly apt L and ronde R CW,-,XRib of L while trng 1/8 RF, sd L to BFLY DRC;
 16. Stp fwd R outsd ptr in BFLY and swvl RF,-,fwd L outsd ptr in BFLY and swvl LF, fwd R outsd ptr in BFLY and swvl RF to fc DLW (W fc DRC);

PART B

**1 - 4 CROSS SWVL,-,W WRAP TO: SKTRS WHEEL (FC COH); W TRN RONDE AND ROLL TO W'S NECK WRAP:
-,-AND LOWER:**

- SQQ
(SQQ&)
SS; S--
(SQQ;
SS)
1. Fwd L outsd ptr in BFLY and swvl LF to fc DRC,-,keeping all hnds joined raising M's L & W's R hnds while circling arnd W stepping fwd R,L to fc DLW (W fwd L outsd ptr in BFLY and swvl LF to fc DLW,-,fwd R twd DLW/cl L, bk R) to mom WRP DLW;
 2. Blending to SKTRS w/ L hnds jnd in front of M and R hnds jnd at W's R hip whl 5/8 RF fwd R,-,L,R (W bk L,-,R,L) to SKTRS COH;
 - 3-4. Sm sd L releasing L hnds and ld W w/ R hnd to ronde,-,keeping R hnds jnd rec R,- (W trn ¼ RF out of SHDW to stp fwd LOD R and ronde L CW trng another ½ RF to fc RLOD w/ R hnds still jnd low,-,fwd RLOD L, fwd R spiraling 7/8 LF bringing jnd R hnds up to W's shldr level w/ M's R arm bhd W's neck being careful not to take hnds ovr W's hd); Sd L RLOD,-,lower on L in lun line (W fwd RLOD L cont LF trn to fc M leaving jnd R hnds bhd W's neck,-,sd RLOD R lowering into lun line w/ W's L arm arnd M's R sd and M placing his L hnd on top of jnd R hnds),-;

5 - 8 REV UNDRM TRN: CROSS BODY TO HANDSHAKE: SHDW NYER: UNDRM TRN:

5. Changing hnds bhd W's neck to M's L & W's R stp sd R,-,XLif of R, bk R (W sd L,-,XRif of L trng LF undr jnd ld hnds, fwd L RLOD);
6. Sd RLOD L,-,bk R w/ slipping action trng LF, fwd L trn LF to fc Wall (W fwd RLOD R,-,sd & fwd L strong LF trn, bk R) jng R hnds;
7. Sd RLOD R trng ¼ RF (W LF) to fc RLOD w/ R hnds still jnd,-,ck thru L, bk R trng ¼ LF (W RF) to fc ptr & Wall;
8. Sd LOD L,-,XRib of L, fwd L (W sd R,-,XLif of R trng RF, fwd R cont RF trn to fc ptr & COH);

9 - 12 OP CONTRA CK: CIRCULAR THREE SPIRALS:,-,TO SHDW:

9. Sd & fwd R,-,fwd L acrs bdy w/ R shldr ld flexing knee while looking at ptr, rec R (W sd & bk L,-,bk R undr bdy flexing knee and looking well L, rec L);
- 10-12. Trng RF stp fwd & sd L to fc RLOD while leading W fwd w/ jnd R hnds then raising jnd R hnds to ld W's sprl,-,XRib of L, sd L cont RF trn to fc DLC (W fwd R & sprl LF, -fwd L, fwd R); XRif of L cont RF trn bringing jnd R hnds dwn after W's sprl,-,sd L, XRib to fc RLOD (W fwd L & sprl RF,-,fwd R, fwd L); Sd L cont RF trn raising jnd R hnds to ld W's sprl,-,XRif of L, fwd L (W fwd R & sprl LF,-, fwd L, fwd R) bringing jnd R hnds to W's R hip and joining L hnds to SHDW DLW;

**13 - 16 (FC WALL) ADV SLIDING DOOR WITH W'S SIT LINE:,-, ADV SLIDING DOOR (W SPIRAL OUT TO WALL):
W OUT TO FACE:**

- 13-14. In SHDW stp fwd R continuing RF trn from previous meas to fc Wall,-,ck fwd L, rec R (W stp bk L,-,ck bk R, rec L); XLib of R trng slightly LF,-,lun sd & bk R, rec L (W fwd LOD R,-,trn ½ RF on R undr jnd L hnds then ck bk LOD L in Sit Line, fwd RLOD R keeping jnd L hnds low);

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15. Fwd R to SHDW Wall,-,ck fwd L, rec R (W fwd L to M's R sd then trn RF to SHDW Wall,-,ck bk R, rec L);
16. Cl L to R releasing all hnds,-,rk bk R, fwd L (W stp fwd R Wall then sprl 7/8 LF,-,fwd Wall L trng another another 5/8 LF to fc ptr & COH, bk R) jng ld hnds to LOP FCG Pos Wall;

INTERLUDE

1 - 5 FWD BREAK INTO THREE THREES;;; (CATCH R HNDS) CONTINUOUS CROSS BODIES::

- 1-3. Sd & fwd R,-,ck fwd L, rec bk R (W sd & bk L,-,ck bk R, rec fwd L); Cl L to R leading W to trn RF rel hnd hold and place hnds on W's shldrs,-,break bk R, rec L (W fwd R trng 1/2 RF to TANDEM Wall,-,stp in place L, stp in place R); Cl R to L releasing hnds on W's shldrs while W spns,-,ck fwd & sd L slight RF bdy trn placing hnds on W's shldrs again, rec R (W stp in place L and spn LF 1 full trn,-,ck bk & sd R, rec L);
- 4-5. Cl L to R leading W to trn RF then catch R handhold,-,rk bk R, rec L trng LF to fc LOD (W fwd Wall R trng 5/8 RF to fc DLC,-,fwd L passing in frnt of M twd COH commence LF trn, sd & bk R to COH to fc Wall w/ R hnds still jnd); Fwd LOD R,-,trn LF on R ft to fc ptr & RLOD then ck fwd L RLOD, bk R (W trng LF to fc LOD stp bk L,-,ck bk R, fwd L LOD);

6 - 8 W SYNC ROLL LF TO SHDW; X CHECK & EXTEND L ARM; BK, SD, TCH (W CLOSE), AND LOWER;

6. Trng 1/4 LF stp sd LOD L to fc Wall w/ R hnds still jnd,-,rk bk R, sd LOD L (W fwd LOD R,-,fwd LOD making 7/8 LF roll L/R,L leaving R hnds jnd low during spn but changing hnd hold at end of roll to SHDW Wall w/ M's R hnd on W's R hip and no hnds jnd);
 - S-- 7. Bth XRif of L w/ L sd stretch, use rest of meas to lift L arm fwd twd LOD then upward,-,-;
 8. Bringing L arms dwn rec bk on L, trn RF to fc Wall and stp sd RLOD R, tch L to R (W cl L to R) to TANDEM Wall w/ M's arms arnd W at hip level and W's arms on top of M's arms, lower into knees and lower hds;
- QQ-
(QQS)

PART B (MOD)

1 - 16 SLOW SUNBURST; BRING HNDS DOWN TO W'S HIPS; W TRN RONDE AND ROLL TO W'S NECK WRAP: -,-AND LOWER; REV UNDRM TRN; CROSS BODY TO HANDSHAKE; SHDW NYER; UNDRM TRN; OP CONTRA CK; CIRCULAR THREE SPIRALS:: -,-.TO SHDW; (FC COH) ADV SLIDING DOOR WITH W'S SIT LINE;; ADV SLIDING DOOR (W SPIRAL OUT TO COH); W OUT TO FACE;

- 1-2. Lift W's arms straight up while rising through the legs and raising hds,-,cont raising arms up connecting M's L and W's L hnds and M's R and W's R hnds high at end of meas,-; Keeping hnd contact take arms outward and dwn,-,bring jnd hnds in to place R hnds on W's R hip and L hnds on W's L hip at end of meas,-;
- 3-16. Rpt meas 3-16 of PART B w/ all facing directions reversed;,,,,,,,,,,,,;

ENDING

**1 - 7 FWD BREAK INTO THREE THREES;;; (CATCH R HNDS) CONTINUOUS CROSS BODIES::
W SYNC ROLL LF TO SHDW; X CHECK & EXTEND L ARM;**

- 1-7. Rpt meas 1-7 of INTERLUDE w/ all facing directions reversed holding position at end of meas 7;,,,,;