

Come On And Dance

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Rhythm/Phase: Jive, Phase 4+1 (she go, he go)
Degree of Difficulty: Easy
Music: "Come On And Dance" by Cat Stevens, 1967, at Amazon.com
Time/Speed: recommend slowing to 43 RPM
Footwork: directions for M (W opposite, or as noted)
Timing: 123a4;1a2 unless noted
Sequence: Intro A B A Interlude B A End

INTRO

1 **WAIT; CHG L TO R – LINK ROCK TO BFLY; ; ;**
1 LOP M fcng LOD (W fcng RLOD) ld ft free, wait quick drum roll plus 1 meas;
2-3.5 rk apt L, rec R, lead W under lead hands small fwd L/cl R, fwd L trn ¼ fc Wall
(W rk bk R, rec L, trning ¾ LF under joined hands fwd R/cl L, sd R);
sd R/cl L, sd R,
3.5-4 rk apt L, rec R; small triple fwd L/R, L; sd R/cl L, sd R to BFLY Wall;

PART A

1-5 **TRAVELING SAND STEPS; ; SHOULDER SHOVE – AMERICAN SPIN; ; ;**
1 1234 swivel RF on R tch L toe to instep of R foot, swivel LF on R small side L,
swivel RF on L tch R heel to floor toe pointed outward, swivel LF on L cross RIF;
2 1234 swivel RF on R tch L toe to instep of R foot, swivel LF on R small side L,
swivel RF on L tch R heel to floor toe pointed outward, swivel LF on L cross RIF;
3-4.5 rk apt L, rec R, sd L/cl R, sd L twd ptr bring M's L shldr in contact with w/W's R shldr;
trng LF (W RF) to fc ptr bk R/cl L, bk R,
4.5-5 rk apt L, rec R; small fwd L/cl R, fwd L brng ld hands palm to palm lead W to spin RF,
sd R/cl L, sd R
(rk apt R, rec L; W small fwd R/cl L, fwd R spin RF 1 turn, sd L/cl R, sd L);

6-8 **SPANISH ARMS – SHE GO, HE GO; ; ;**
6-7.5 rk apt L, rec R join both hands, lead W under raised ld hands fwd L/cl R,
sd L trning ¼ RF wrap W; cont RF trn lead W to unwrap RF in pl R/cl L, R fc COH,
7.5-8 rk bk L, rec R raise ld hands; lead W under joined hands fwd L/cl R,
fwd L trng LF under joined hands, bk R/cl L, bk R
(W rk bk R, rec L; trning LF under joined hands fwd L/cl R, bk L to fc M, sd R/cl L, sd R);

9-10 **LINDY CATCH TO HND SHAKE; ;**
9 rk bk L, rec R twd W's rt sd, rel hnds fwd L/cl R, fwd L trng RF around W place R hnd on W
rt hip (W rk bk R, rec L, fwd R/cl L, chk fwd R extend arms fwd);
10 ld W to stp bk fwd R twd COH, fwd L trng RF fc ptr & Wall, small bk R/cl L, bk R
(W bk L, bk R, bk L/cl R, bk L) end in handshake Wall;

11-14 **TRIPLE WHEEL 3 – R TRNING FALLAWAY; ; ; ; (CHECKING)**
11 123a4 rk apt L, rec R comm RF trn, comm RF wheel sd L/cl R,
sd L trng twd ptr & tch her back with L hnd
(W rk apt R, rec L, comm RF wheel swvl ¼ LF sd R/cl L, sd R trning away from ptr);

- 12 1a23a4 cont RF wheel swvl ¼ LF sd R/cl L,
sd R trng away from ptr, cont RF wheel swvl 5/8 RF sd L/cl R, sd L trng to tch her back
(W cont RF wheel swvl ¾ RF sd L/cl R, sd L trng twd ptr & tch his back with L hnd,
Cont RF wheel swvl 3/8 LF sd R/cl L, sd R);
- 13 1a234 ldg W to spin RF trn RF sm sd R/cl L, sd R,
(W spinning 1 ½ RF to fc ptr sd L/cl R, sd L) to CP COH,
rk bk L to SCP, rec R to fc;
- 14 1a23a4 comm ¼ RF trn sd L/cl R, sd L, comm ¼ RF trn sd R/cl L, sd R to SCP checking;

15-16 SLOW ROCK THE BOAT 2X; ;

- 15 SS fwd L with straight knee leaning fwd , with rocking motion cls R leaning backward;
- 16 SS fwd L with straight knee leaning fwd , with rocking motion cls R leaning backward;

PART B

1-4 THROWAWAY; CHG L TO R – LINK ROCK TO BFLY; ; ;

- 1 1a23a4 lead W to LOD small fwd L/cl R, fwd L, bk R/cl L, bk R LOP fc prt LOD
(W fwd R trng LF/cl L, fwd R trng LF to fc M, bk L/cl R, bk L);
- 2-4 repeat measures 2-4 of Intro

PART A

1-5 TRAVELING SAND STEPS; ; SHOULDER SHOVE – AMERICAN SPIN; ; ;

6-8 SPANISH ARMS – SHE GO, HE GO; ; ;

9-10 LINDY CATCH TO HNDSHAKE; ;

11-14 TRIPLE WHEEL 3 – R TRNING FALLAWAY; ; ; ; (CHECKING)

15-16 SLOW ROCK THE BOAT 2X; ;

INTERLUDE

1 THROWAWAY;

- 1 repeat measure 1 of Part B

2-4 AMERICAN SPIN HANDSHAKE LOD – MIAMI SPECIAL LOP/COH; ; ;

- 2-2.5 rk bk L, rec R, small fwd L/cl R, fwd L brng ld hands palm to palm lead W to spin RF;
sd R/cl L, sd R (W small fwd R/cl L, fwd R spin RF 1 turn, sd L/cl R, sd L),
- 2.5 – 3 rk bk L, rec R raise R hnds to lead W to trn LF; fwd L/cl R lead W under jnd hds,
fwd L trng LF bring R hdns over head & place on L shoulder,
extend L arm down & sd to allow W hand to move down arm sliding apt sd R/cl L, sd R;

5-6 FC TO CHG PLACES R TO L TO WALL – ROCK, REC TO SCP; ;

- 5 123a4 trng LF to fc ptr rk bk L, rec R, raise lead hands, sd L/cl R, sd L lead W under lead hands to fc
ptr & Wall; in place R/cl L, R,
(W rk bk R, rec L, fwd R trng LF tuck in front of M/cl L, fwd R twd M trng RF under lead
hands);
- 6 1a234 in place R/cl L, R, (W bk L/cl R, bk L), rk bk L, rec R to SCP;

PART B

1-4 THROWAWAY; CHG L TO R – LINK ROCK TO BFLY; ; ;

PART A

- 1-5 **TRAVELING SAND STEPS; ; SHOULDER SHOVE – AMERICAN SPIN; ; ;**
6-8 **SPANISH ARMS – SHE GO, HE GO; ; ;**
9-10 **LINDY CATCH TO HND SHAKE; ;**
11-14 **TRIPLE WHEEL 3 – R TRNING FALLAWAY; ; ; ; (CHECKING)**
15-16 **SLOW ROCK THE BOAT 2X; ;**

END

- 1-4 **THROWAWAY; CHG HANDS BEHIND BACK – ROCK APART & HOLD; ;**
1 repeat measure 1 of Part A
2-2.5 123a4 rk apt L, rec R grasping W's R wrist with M's R hnd, fwd L/cl R, fwd L trng ¼ LF
12 (W RF) passing W's hnd to M's L hnd; sd & bk R/cl L, sd & bk R trning ¼ LF (W RF)
2.5-3 3- rk apt L, look at ptr